



At the Spoke we pride ourselves on providing only the highest quality food to all of our guests.

To meet this goal we prepare our food **FRESH, IN-HOUSE, FROM SCRATCH.**

We source as many of our ingredients locally and fresh as possible.

We serve only fresh, never frozen, 100% black angus beef and naturally raised antibiotic-free chicken.

Spoke Burgers

CHOOSE ONE SIDE: House-Cut Fries - Baked Potato - Coleslaw - Brown Rice - Sautéed Vegetables OR FOR AN ADDITIONAL \$2: Sweet Potato Tots - Onion Rings - Side Caesar - Side Salad

TEXAN \$15	BUFFALO BLEU \$17
Black Angus Beef, Anaheim Pepper, pepper jack cheese, mac poppers, ancho onion straws, & house-made BBQ	Buffalo burger with bacon & bleu cheese
CAPRESE \$15	HAWAIIAN \$14
Black Angus Beef, balsamic basted tomato, mozzarella, & fresh basil	Grilled chicken, topped with fresh pineapple, sautéed onions, swiss cheese, ham & Spoke-Made sesame ginger sauce
2 PIGS & A COW \$17	RISE & SHINE \$15
Black Angus Beef, pulled pork, bacon, mild cheddar, & 2 onion rings	Black Angus Beef, bacon, egg, grilled tomato, & mushrooms
VEGETARIAN \$14	CHILI CHEESE BURGER \$14
Spoke-Made black bean burger topped with sautéed spinach, tomatoes, & avocado	Black Angus Beef smothered in our delicious Spoke-Made chili & topped with mild cheddar cheese
BOB BURGER \$11	SMOKEY 'SHROOM BURGER \$14
Black Angus Beef, cheddar cheese, lettuce, tomato, onion, & pickles	Our twist on a classic burger with Black Angus Beef, fresh mushrooms & smoked gouda cheese

PROTEIN OPTIONS:

BLACK ANGUS BEEF * CHICKEN (ADD \$1) * SPOKE-MADE VEGETARIAN (ADD \$1) * BUFFALO (ADD \$5) * SALMON (ADD \$5) * PORTABELLO MUSHROOM (ADD \$1) * GLUTEN-FREE BUN UPON REQUEST (ADD \$2)

CHOOSE UP TO 2 HOUSE SAUCES: GARLIC MAYO - FRY SAUCE - SRIRACHA FRY SAUCE - HONEY MUSTARD HONEY BBQ - HOT WING - TWANGY BBQ - SESAME GINGER - RANCH - BLEU CHEESE ADDITIONAL SAUCES AVAILABLE FOR .50 EACH

Build your own Burger

1 PATTY	Black Angus Beef \$10	Portabello Mushroom \$11	Veggie or Chicken \$11	Buffalo or Salmon \$15
2 CHEESE	American \$1 Swiss \$1	Pepperjack \$1 Cheddar \$1	Bleu \$2 Goat \$2	Fresh Mozzarella \$3 Smoked Gouda \$2
3 TOPPINGS	Bacon \$2 Fried Egg \$1 Avocado \$2	Mushrooms \$2 Grilled Onions \$1 Pineapple \$1	Spinach \$1 Jalapeños \$1 Chili \$2	Anaheim Pepper \$2 2 Onion Rings \$1 2 Mac Poppers \$2

*All of our burgers are cooked to a medium range unless otherwise requested.
The consumption of raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.*



Appetizers

- LOADED FRIES**..... \$8
Topped with cheddar cheese, bacon, & fresh jalapeños
- CHILI CHEESE FRIES**..... \$8
Smothered in our house-made chili & cheddar cheese
- BUFFALO FRIES**..... \$8
Bleu & cheddar cheese, buffalo sauce, topped with sour cream
- MACARONI POPPERS**..... \$8
Spoke-Made mac-n-cheese stuffed with fresh jalapeños, breaded & fried. Served with ranch dressing
- ATLANTIC COD & SHRIMP CEVICHE**..... \$10
Fresh chopped tomato, onion, cucumber, celery, garlic, & cilantro with Atlantic cod & shrimp, brined in fresh lime juice
Add avocado & goat cheese \$3

- SPOKE WINGS**..... \$10
Your choice of BBQ, mild, hot, inferno or sesame ginger sauce
(6) Unicycle \$8, (12) Tandem \$14, (18) Bike Club \$20
- FRIED CAPRESE STACKER**..... \$10
Fresh mozzarella, breaded & fried, layered with basil & tomatoes, topped with olive oil & balsamic reduction
- SPINACH ARTICHOKE DIP**..... \$9
Served with pita bread
- CHIPOTLE HUMMUS**..... \$8
Puréed garbanzo beans mixed with chipotle peppers, tahini, garlic & spices. Served with cucumbers, carrots, celery, & pita bread
- MOAB SPROUTS**..... \$9
Fresh steamed brussels sprouts sautéed with bacon, garlic, & onions

Soups & Salads

- SOUP DU JOUR OR CHILI**..... \$7
- CITRUS QUINOA SALAD**..... \$13
Quinoa, mixed greens, fresh fruits, with citrus dressing
- HOUSE SALAD**..... \$6
Mixed greens, carrots, cabbage, cherry tomatoes, & cucumbers
- CAESAR SALAD**..... \$9
Classic Caesar with anchovies (upon request) tossed in our house-made dressing, croutons, & aged parmesan cheese

- WEDGE SALAD**..... \$10
Our twist on a classic wedge salad. Artisan romaine lettuce, bacon, tomatoes, bleu cheese, & balsamic glaze
- BEET, SPINACH, & GOAT CHEESE SALAD**..... \$13
Baby spinach, goat cheese, & sliced almonds with organic steamed red & golden beets
- CHEF'S SALAD**..... \$15
Black Forrest Ham, roasted turkey, egg, bacon, tomatoes, cucumbers, & shredded monterey jack cheese
- CALIFORNIA COBB SALAD**..... \$16
Mixed greens, grilled chicken breast, bacon, tomatoes, cucumber, bleu cheese crumbles, avocado, & egg

*Add chicken \$5 – salmon \$7 – shrimp \$7 to any salad
We offer the following dressings: citrus vinaigrette – honey mustard – caesar – bleu cheese – italian – ranch – oil & vinegar*

Entrees

- BEER BATTERED FISH & CHIPS**..... \$15
Atlantic Cod battered in-house. Served with house-cut fries & a side of tartar sauce
- FRESH GRILLED SALMON**..... \$18
Grilled salmon, served with brown rice & sautéed vegetables
- SPOKE-MADE MEATLOAF**..... \$15
Our house-blend of beef, pork, & chorizo. Bacon wrapped & topped with gravy & ancho onion straws. Served with garlic chive mashed potatoes & our sautéed vegetables
- SHRIMP SCAMPI**..... \$17
6 large shrimp sautéed in a lemon garlic sauce, tossed with shallots, tomatoes, & linguini pasta. Served with garlic bread
- LEMON PICCATO PASTA**..... \$14
Tomatoes, garlic, onions, capers, & linguini pasta tossed in a lemon white wine sauce with a touch of butter and cream. Served with garlic bread
Add chicken \$5 or salmon \$7 or shrimp \$7
- PASTA CARBONARA**..... \$14
Bacon, garlic, scallions, & linguini pasta tossed in a white wine cream sauce topped with a fried egg & served with garlic bread
Add chicken \$5 or salmon \$7 or shrimp \$7
- PASTA MARGHERITA**..... \$14
Linguini pasta tossed with fresh tomatoes and basil in a garlic, mozzarella parmesan sauce. Served with garlic bread
Add chicken \$5 or salmon \$7 or shrimp \$7

- FISH TACOS**..... \$13
Grilled Atlantic Cod, wrapped in flour or corn tortillas, served with avocado, cabbage pico de gallo, & rice
- LEMON CHICKEN**..... \$15
Pan seared chicken breast, topped with mushroom lemon cream sauce, served with rice & sautéed vegetables
- CHICKEN TENDERS**..... \$12
Tender all natural chicken, breaded in-house, served with our house-cut fries & sauce
- SPOKE-MADE MAC-N-CHEESE**..... \$12
Creamy mac-n-cheese, made to order, served with garlic bread. Add toppings from our BYO Burger Menu from \$1 & up
- BBQ PULLED PORK SANDWICH**..... \$13
Slow roasted Berkshire Pork served with coleslaw. Served with our house-cut fries
- BLT**..... \$11
Classic BLT with thick cut bacon, vine ripened tomatoes, romaine lettuce & garlic mayo. Served with our house-cut fries
Add avocado \$2
- FRENCH DIP SANDWICH**..... \$12
Thinly sliced sirloin, sautéed mushrooms, onions, & swiss cheese. Served on a classic hoagie bun with our house-cut fries & au jus

**A gratuity of 18% will be added to parties of 6 or more.
Split checks are welcomed. 4 maximum split checks per table or group**